

# Ipswich Outdoor and Active

*Natural adventures*

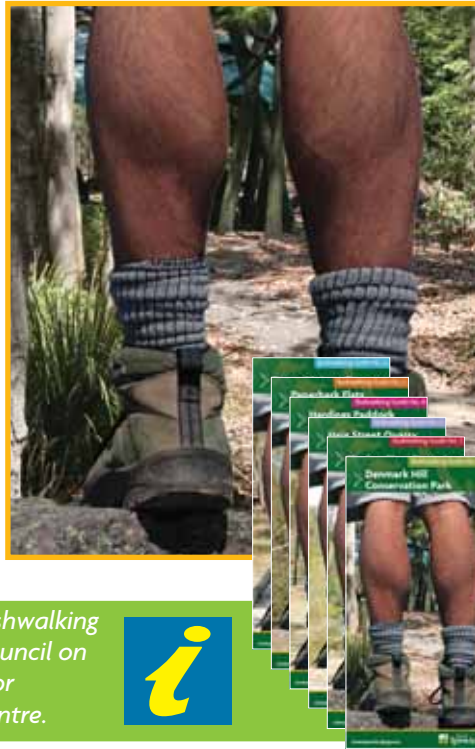


## Feet on the ground

Whether it be soft adventure, exercise with attitude, or some adrenalin charged action – the City of Ipswich is the best place to get outdoors and active.

In the crisp morning air you can join the healthy and wise for a leisurely stroll, a brisk walk or a serious run through Limestone Park and Queens Park.

Bushwalking is nature's way to get fit and enjoy the outdoors. Ipswich's biodiversity includes some 350 rare, endangered, vulnerable and significant flora and fauna species. Little wonder locals are passionate about preserving the region's natural environment.



Visitors interested in obtaining the six (6) bushwalking guides should contact either Ipswich City Council on (07) 3810 6666, visit [www.ipswich.qld.gov.au](http://www.ipswich.qld.gov.au) or drop into the Ipswich Visitor Information Centre.



## On your bike

Whether it be mountain biking or road racing, from rural to city-scape, Ipswich provides endless opportunities for cyclists to be challenged. Included in this is the annual 'Ipswich 100' cycling race and the numerous cycling clubs within the region.

Cycling on trails provides a wonderful opportunity to travel through scenic countryside without the stresses of riding along roads with traffic. The three (3) kilometre family-orientated recreational cycling trail at Hardings Paddock Picnic Area in the Flinders-Goolman Conservation Estate offers just this. Be aware of walkers, joggers and horse riders on this multi-use trail.

Anticipated to be opening in the second half of 2008 is Stage 1 of the Brisbane Valley Rail Trail (148 kilometres Wulkuraka – Blackbutt). Following the former railway line which connected Ipswich to Fernvale, Esk and beyond, this trail is an ambitious

**P** Parking **i** Information **🚰** Drinking water **🚻** Toilets **♿** Toilets - disabled access **🪑** Picnic table **🏠** Picnic shelter **🪑** Seating **🍷** Barbecue **👁️** Scenic lookout

## Back to nature

### Denmark Hill Conservation Park ①

Located right in the centre of town. Walking tracks lead to the water tower and provide 360° views of the City of Ipswich, providing a great circuit for a lunchtime walk. Triassic Park, located within the park boundaries, allows the opportunity to explore the many fossils that were once found in the area. The waterfall and pond provide a perfect location for relaxation while the short walks provide ideal opportunities for bird watching.



Bushwalking Guide No. 1



### Flinders Plum Picnic Area ②

Nestled among the Flinders-Goolman Conservation Estate, Flinders Plum Picnic Area provides a wide range of walks, from the less strenuous Sandy Creek Track to the Flinders Peak Hiking Track for the more experienced walker. Be it historical logging trails, fantastic views or sites of rare wildlife, the four (4) defined walking tracks offer something for everyone. Travel along Mt Flinders Road, Peak Crossing, to experience all that is Flinders Plum Picnic Area.



Bushwalking Guide No. 2



### Haig Street Quarry Bushland Reserve ③

Located only five minutes from Ipswich Central boasting spectacular views of the Scenic Rim. The three (3) walking tracks require a reasonable level of fitness and enable you to experience a beautiful display of wildflowers in spring, making this a great place to exercise in a natural setting. Entry to the reserve can be made from Haig Street, Brassall.

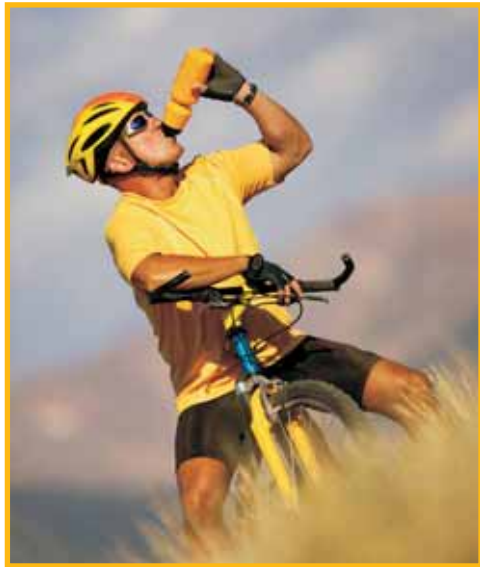


Bushwalking Guide No. 3



# Saddle up

gateway west of Ipswich linking rural landscapes to interpretation of railway heritage values. You will be able to enjoy walking, jogging, horse-riding and, of course, cycling!



The steady hoof beat of a sure-footed horse and the solitude of the natural environment can transport you in place and time. Explore part of the wonderful Flinders-Goolman Conservation Estate on horseback and experience stunning views, native bushland and natural surroundings.

The horse trail is provided for riders to enjoy the conservation estate and picnic facilities of the Hardings Paddock area.

Facilities for horses include a scenic nine (9) kilometre horse trail circuit that goes all the way up to Goolman Lookout, hitching rails, a horse watering point, horse gates, and clearly marked directional signage.

In the second half of 2008, you can look forward to horse riding along sections of the Brisbane Valley Rail Trail.

- Scenic lookout - disables access
- Interpretive walk
- Stairs
- Water feature
- Hitching rail
- Horse facilities
- Horse trough
- Natural lookout



Bushwalking Guide No. 4

## Hardings Paddock Picnic Area 4

Hardings Paddock boasts excellent picnic areas with wide open spaces where you can wander through eucalypt woodlands, embark on the bush tucker trail and take in spectacular views. The five (5) walking tracks take you through the vast open spaces situated within the Flinders – Goolman Conservation Estate and are suitable for various fitness levels, ranging from average to moderate. Access to this picnic area is made via Carmichael Road, Peak Crossing.

- 



Bushwalking Guide No. 5

## Paperbark Flats Picnic Area 5

Paperbark Flats Picnic Area boasts 11 walking tracks and caters for all levels of walkers, ranging from an easy level to the more experienced navigator. Experienced walkers can take on something a little more adventurous on the White Rock Ridge Hike. Combine this with the White Rock Hiking Track and you will experience the culturally significant White Rock formation. This park is also particularly popular with bird watchers after rainfall. The picnic area is part of the White Rock – Spring Mountain Conservation Estate and can be accessed via School Road, Redbank Plains.

- 



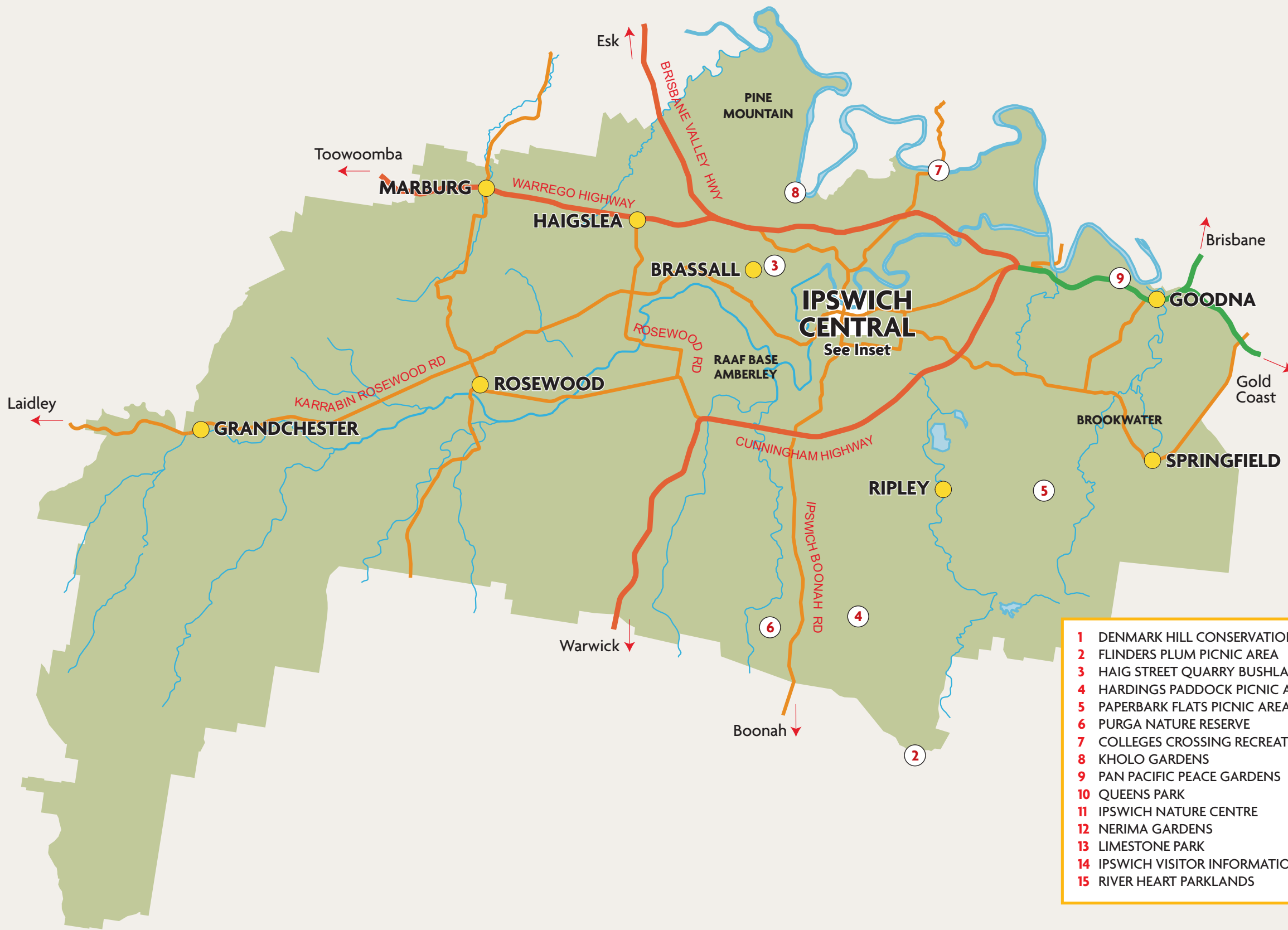
Bushwalking Guide No. 6

## Purga Nature Reserve 6

This area not only allows you to view the largest protected area of Swamp Tea Tree in Ipswich, but also capture a glimpse of koalas in their natural habitat. The well established board-walk allows for wheelchair assisted access to much of the reserve. These self-guided walks provide a unique opportunity to explore vegetation and watch wildlife while only 15 minutes from Ipswich Central.

-

# Ipswich Region



- |  |                                       |
|--|---------------------------------------|
| 1 DENMARK HILL CONSERVATION PARK       | 16 IPSWICH ART GALLERY                |
| 2 FLINDERS PLUM PICNIC AREA            | 17 INCINERATOR THEATRE                |
| 3 HAIG STREET QUARRY BUSHLAND RESERVE  | 18 D'ARCY DOYLE PLACE                 |
| 4 HARDINGS PADDOCK PICNIC AREA         | 19 IPSWICH CIVIC HALL                 |
| 5 PAPERBARK FLATS PICNIC AREA          | 20 RAILWAY STATION                    |
| 6 PURGA NATURE RESERVE                 | 21 IPSWICH TRANSIT CENTRE             |
| 7 COLLEGES CROSSING RECREATION RESERVE | 22 IPSWICH CITY COUNCIL LIBRARY (ICC) |
| 8 KHOLO GARDENS                        | 23 ICC ADMINISTRATION                 |
| 9 PAN PACIFIC PEACE GARDENS            | 24 ICC CUSTOMER SERVICE CENTRE        |
| 10 QUEENS PARK                         | 25 IPSWICH CITY SQUARE/IPSWICH MALL   |
| 11 IPSWICH NATURE CENTRE               | 26 IPSWICH INTERNATIONAL HOTEL        |
| 12 NERIMA GARDENS                      | 27 IPSWICH POST OFFICE                |
| 13 LIMESTONE PARK                      |                                       |
| 14 IPSWICH VISITOR INFORMATION CENTRE  |                                       |
| 15 RIVER HEART PARKLANDS               |                                       |
- KEY RETAIL PRECINCT  
 RAILWAY LINE



# Family time



Australia's family city – that's how Ipswich people see their home. Visitors can be part of that welcoming home-grown atmosphere and engage in a wealth of activities and experiences designed especially for kids. Ipswich is a place where families can enjoy quality time together. Many activities are FREE, and if you plan a visit for longer than a day, you'll find a good range of family friendly accommodation throughout the city.

The City of Ipswich provides more than 500 Parks and Reserves for use by the general public. As new green spaces and natural areas are introduced with the upgrading of existing parkland, modern and stylish facilities enable the opportunity for visitors to be outdoors and active.

## Colleges Crossing Recreation Reserve 7

Easily accessible and ideally positioned on the banks of the Brisbane River, Colleges Crossing is a popular recreational retreat for visitors of all ages. The park is a haven for wildlife and also provides watersport lovers with an attractive location to canoe or fish. Families can relax in a tranquil environment which offers picnic, barbeque and playground facilities.

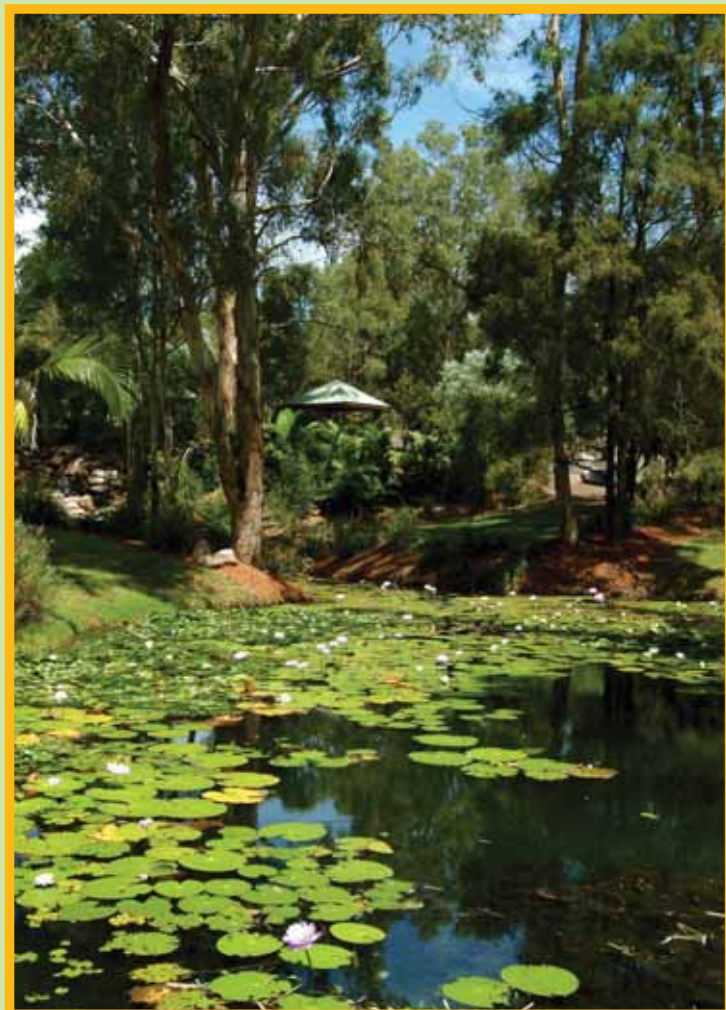
Colleges Crossing Recreation Reserve is only a 10 minute drive from Ipswich Central and 35 kilometres west of Brisbane on Mt Crosby Road.



## Kholo Gardens 8

This garden is located on the banks of the Brisbane River and is one of the best kept secrets in Ipswich with its welcoming ambience and historical significance.

Follow winding tracks which meander through bushland or take advantage of the large open spaces to relax with a picnic. The lily pond provides an idyllic setting for a family barbeque, while the small church provides the perfect venue for weddings.



## Pan Pacific Peace Gardens 9

The construction of the Pan Pacific Peace Gardens dually served to rejuvenate a green space at Redbank and to commemorate soldiers of World War II. Inspired by Ipswich's history, the Pan Pacific Peace Gardens feature memorial plantings, formalised pathways and boardwalks that wind through extensive wetlands. The gardens also act as a wildlife corridor linking Redbank Rifle Range with adjoining lands and rivers.

The park draws on the past events and future aspirations of the city to create a modern day retreat. It is a popular park for weddings and family picnics where visitors can enjoy modern facilities and an abundant range of native species.

# Queens Park precinct

## Queens Park 10

The 'elegant lady of the west' boasts a fine history extending as far back as 1862, making her one of the oldest parks in Queensland. Queens Park sprawls over 22+ hectares of parkland and is a veritable children's 'adventureland' with FREE attractions and facilities located on a tract of exquisite undulating land within Ipswich Central.

Adding to the park's established attractions and the views from Lions Lookout is the state-of-the-art playground with wild climbing structures and a flying fox designed for exercise and excitement. It's all part of a park big enough for everyone – for kids to run free across expansive lawns, enjoy family picnics and birthday parties, and experience old world charm with modern day conveniences.



## Ipswich Nature Centre 11

The first animal enclosure was built in 1936 and was home to a population of emus, kangaroos and ducks. 70 years on, the Ipswich Nature Centre has evolved into a space that boasts a wide range of Australian wildlife and lush landscaped gardens. The exhibits have been recreated to represent local bushland and flora communities. The Centre is open six (6) days a week and admission is FREE, although a gold coin donation upon exiting is welcome.



## Nerima Gardens 12

This unique location has been designed in consultation with the Japanese City of Nerima. Nerima Prefecture is situated within greater Tokyo and has a population of some 750,000. Ipswich and Nerima have been sister cities since 15th October, 1994 with residents from both cities regularly visiting the other for business and holidays.

Nerima Gardens seeks to capture elements of a Japanese style garden whilst retaining a distinctly Ipswich identity through the use of local plants including rare and endangered species.

## Limestone Park 13

The most southern aspect of the Queens Park Precinct transforms green spaces into competitive places, boasting walking/running tracks, a cycling velodrome, state-of-the-art netball facilities, football field and cricket pitch. Whilst it's there for sporting tournaments, much of Limestone Park is for the 'outdoor and active' type keen to take advantage of mother nature's gym.

### There's more ...

- Visitor Information Centre
- Café
- Lions Lookout
- Naval Monument
- Glassey Monument
- Cunningham Monument
- Scout Den
- Walter Burley Griffin Incinerator
- Rotunda
- The Limestone Terrace
- Lime Heap
- Park Curator's House
- Bird Aviary
- Glasshouse, Greenhouse and Formal Gardens
- Stand of Tall Trees
- Macfarlane Monument
- Bowls Clubhouse (est 1910)
- Croquet Club (est 1902)
- Bush Chapel
- Tennis Court

Ipswich plays host to the annual Ipswich Hospital Foundation **Park to Park** run. Last year's event saw three elite Tanzanian runners participating alongside local half-marathon hopefuls. See them return for the event in 2008 - **Sunday 27 July**.

# Getting wet

If watery activity is your preference, paddle a canoe or a kayak along the Brisbane River in peaceful surrounds, launching just 10 minutes from Ipswich Central. With both the Brisbane and Bremer Rivers running through Ipswich, there are ample opportunities for canoeing and kayaking enthusiasts to explore our beautiful region, see local wildlife and relive our historic past.

## Brisbane River Canoe Trail

The canoe trail along the Brisbane River allows you to retrace the first steps of our great explorers. The Brisbane River was the pathway to Ipswich and the west during the 19th century. The canoe trail travels some 82 kilometres from the Spillway Common immediately below the Wivenhoe Dam to Joseph Brady Park, Barellan Point. This length of the river makes for a great canoe adventure over a relaxing three (3) to four (4) days. There are numerous launching and landing sites along the river enabling trips of various lengths and offering a variety of landscapes and scenery.

## Bremer River Canoe Trail



The Bremer River stretches some 100 kilometres from its source in the foothills of Rosevale to Barellan Point where it joins with the Brisbane River. Approximately 25 kilometers of the Bremer's length is navigable by canoe or kayak. The most popular Bremer River trail begins at Shapcott Park in Sadliers

Crossing and travels downstream through the suburbs of Woodend, Ipswich, North Ipswich and finishes at Barellan Point. At a leisurely pace this trail will take about six (6) hours and covers 24 kilometres. Enquire at the **Ipswich Visitor Information Centre in Queens Park or call (07) 3281 0555** about canoeing in Ipswich.



## Ipswich Visitor Information Centre

14



Ipswich Visitor Information Centre can provide you with all the information you need before and during your next trip to Ipswich. Our friendly staff and volunteers can assist you with an extensive range of brochures on Ipswich's attractions, accommodation, dining, local transport, heritage trails, etc.

The Ipswich Visitor Information Centre also provides the following services to both visitors and locals:

- Souvenirs & Gifts
- Guided Tours
- Visitor Services (Bookings: Airport transfers, etc.)
- Café & Functions
- Tickets
- Volunteering

The Ipswich Visitor Information Centre is conveniently located in Queens Park along Brisbane Road, on the left hand side as you drive into Ipswich from the Brisbane direction.

## Location

14 Queen Victoria Parade, Ipswich.  
Postal: PO Box 243, Ipswich QLD 4305.  
Phone: (+61 7) 3281 0555  
Fax: (+61 7) 3281 0199  
Email: [info@discoveripswich.com.au](mailto:info@discoveripswich.com.au)  
Website: [www.discoveripswich.com.au](http://www.discoveripswich.com.au)

## Opening Hours

Monday - Friday: 9:00 am - 5:00 pm  
Saturday - Sunday: 9:00 am - 4:00 pm  
Public Holidays: 9:00 am - 4:00 pm  
Christmas Day, New Years Day and Good Friday Closed

