

# World Drowning Prevention Day Competition Activity and Colouring Sheet

Ages 10-13 years

S - Supervise around the pool  
E - Enclose the pool with a fence  
A - Actively check pool gate and fence  
L - Learn CPR and to swim

## How are you water safe by the pool or at the beach?

Referring to SEAL and what you know about water safety, write a short story below.

Include a picture of you and your friends in the pool or at the beach. Be sure to add lots of colour.

Jessica and Annie were getting ready for the beach.  
They got in their swimmers and wore sunscreen, they packed  
hats and towels. When they got to the beach they set down their  
tunks and packed lunches. They threw off their things and  
raced to the water making sure they were in between the flags.  
Jessica splashed Annie and Annie giggled, staying safe is fun!

