

# JUST IN CASE

## IPSWICH – Services that are there to help

### IMMEDIATE HELP

#### **Ambulance, Police, Fire – 000**

For life threatening emergencies only

#### **Homeless Hotline**

24 hours/7 days a week  
1800 474 753

#### **DV Connect**

24 hours/7 days a week  
1800 811 811

#### **Domestic Violence Action Centre (DVAC)**

(07) 3816 3000

#### **1800 RESPECT**

1800 737 732

#### **Lifeline**

13 11 14

#### **Suicide Call Back Service**

1300 659 467

#### **StandBy – Support After Suicide**

1300 727 247

#### **Womensline**

1800 811 811

#### **Mensline**

1800 600 636

#### **QLife – LGBTIQ**

1800 184 527

#### **Kids Helpline**

1800 551 800

#### **Parent Line**

1300 301 300

#### **Family Drug Support 24/7**

**Support Line**  
1300 368 186

#### **Health Service Navigator**

1300 012 710

*Need counselling – contact your doctor for a subsidised referral*

### HEALTH AND WELLBEING

**1300 MH CALL** – 1300 642 255

**13HEALTH** – 13 43 25 84

#### **Elder Abuse Helpline**

1300 651 192

#### **Head to Health**

1800 595 212

#### **Kambu Health, Social and Emotional**

**Health (Adults 18+)** – (07) 3810 3000

### FOOD HAMPERS AND HARDSHIP SUPPORT

#### **MONDAY – FRIDAY**

##### **Access Community Services**

1.00 pm – 4.00 pm  
(07) 3412 8222

##### **Goodna Street Life**

(07) 3818 1524

##### **Laidley Community Centre**

8.30 am – 3.00 pm  
(07) 5465 1889

##### **Leichhardt Community Centre**

9.00 am – 2.00 pm  
(07) 3812 1270

##### **Riverview Neighbourhood House**

9.00 am – 2.00 pm  
(07) 3816 2111

##### **Rosewood Community Centre**

(servicing Rosewood and rural areas only)  
9.00 am – 3.00 pm  
(07) 5464 1544

##### **Salvation Army**

9.00 am – 4.00 pm  
(07) 3001 6288

##### **Gailes Community House**

(07) 3879 3004

##### **Ipswich Assist**

(07) 3413 1070

##### **Ipswich Food Barn**

1 Darling St, Ipswich

##### **Riverview and District**

##### **Community Centre**

(07) 3282 3030

##### **Redbank Plains Community Centre**

0432 273 486

##### **Riverview Neighbourhood House**

(07) 3816 2111

##### **Shiloh Church**

(07) 3288 5966

##### **Tivoli Food Co-op**

0488 848 654

##### **Vedanta Springfield Foodbank**

(07) 3818 9986

##### **Westside Community Care**

(07) 3818 0921

### GENERAL SUPPORT ACCOMMODATION

##### **Churches of Christ Housing Services**

(07) 3436 8900

##### **Goodna Street Life**

(07) 3818 1524

##### **Hannah's House**

(07) 3812 1395

##### **inCommunity Inc**

(07) 3812 1199

##### **ICYS – Ipswich Community**

##### **Youth Service**

(07) 3812 1050

##### **Ipswich Housing Support Centre**

1800 636 390

##### **Ipswich Regional Advocacy Service**

(07) 3281 5409

##### **St Vincent De Paul**

(07) 3819 4104

##### **Wesley Mission – STARH Ipswich**

(07) 3151 6109

### HOT SHOWERS AND LAUNDRY

##### **Goodna Street Life**

(07) 3818 1524

##### **Orange Sky Laundry**

Queens Park, Ipswich  
Wednesday 4.30 pm – 6.30 pm

##### **Riverview and District**

##### **Community Centre**

Monday – Friday 8.00 am – 4.00 pm

##### **Salvation Army Ipswich**

Hot showers  
Wednesday, Thursday and Friday  
9.00 am – 3.00 pm

##### **Springfield Lakes Community Centre**

Wednesday 12.30 pm – 3.00 pm  
Thursday 1.00 pm – 4.30 pm  
Friday 1.30 pm – 5.00 pm

##### **Tivoli Drive In Chuwar**

Tuesday – Friday 8.30 am – 5.30 pm

### EVENING MEALS

#### **MONDAY**

##### **Keeping the Faith**

Queens Park, Ipswich  
5.00 pm – 7.00 pm

#### **TUESDAY**

##### **Down 2 Earth**

Browns Park, Ipswich  
3.30 pm – 5.00 pm

##### **Helping Hands Queensland**

Denmark Guest House  
40 Waghorn Street, Ipswich  
7.00 pm – 9.00 pm

#### **WEDNESDAY**

##### **Down 2 Earth**

Queens Park, Ipswich  
4.30 pm – 6.00 pm

##### **Rosies**

Queens Park, Ipswich  
4.30 pm – 6.30 pm

##### **Salvation Army**

Near Ipswich Courthouse  
4.30 pm – 6.30 pm

#### **THURSDAY**

##### **Rosies**

Queens Park, Ipswich  
5.00 pm – 7.00 pm

##### **Shalom Warriors and Rotary**

Queens Park, Ipswich  
5.00pm – 7.00pm

#### **FRIDAY**

##### **Footprints in the Park**

Diggers Rest, Goodna  
5.30 pm – 7.30 pm

##### **Rosies**

St Paul's Church, Ipswich  
7.00 pm – 8.30 pm

#### **SUNDAY**

##### **Rosies**

St Paul's Church, Ipswich  
3.30 pm – 5.00 pm

### OTHER GENERAL SUPPORT

**PoliceLink** – 131 444

##### **Ask Izzy**

Website listings for homeless service providers – Askizzy.org.au

##### **TASC**

Legal and Social Justice Services  
1300 008 272