

Fact Sheet

Cardiopulmonary Resuscitation (CPR)

What is Cardiopulmonary Resuscitation (CPR)?

It involves chest compressions and rescue breaths. CPR is used to maintain adequate blood circulation to keep brain function going in an unconscious person. If the person is not responding, has no pulse and is not breathing normally then CPR should be administered. CPR consists of 30 chest compressions and 2 breaths (30:2) at a rate of 100-120 compressions per minute.

Before Resuscitation is performed, there are a few steps that need to be followed:

DRSABCD

DANGERS: Check for any dangers which include risks to yourself or bystanders, safety and any other hazards.

RESPONSIVENESS: Check if the person is responding, if the person is not responding then continue to the next step, send.

SEND: Send for help (call an ambulance).

AIRWAY: Open the airway to see if there is anything in the mouth.

BREATHING: Check if they are breathing - if they are not breathing or have abnormal breathing then proceed to the next step, CPR.

CPR: Start CPR (30 chest compressions and 2 breaths) .

DEFIBRILLATION: If available use an Automated External Defibrillator (AED) and follow the prompts.

What is a CPR sign?

CPR signs must show basic life support information that you can easily follow at a quick glance.

Do you need to have a CPR sign near your swimming pool?

If you are a pool owner, it is mandatory to have a CPR sign displayed in the pool area, or a warning sign must be displayed if you are building a new swimming pool.

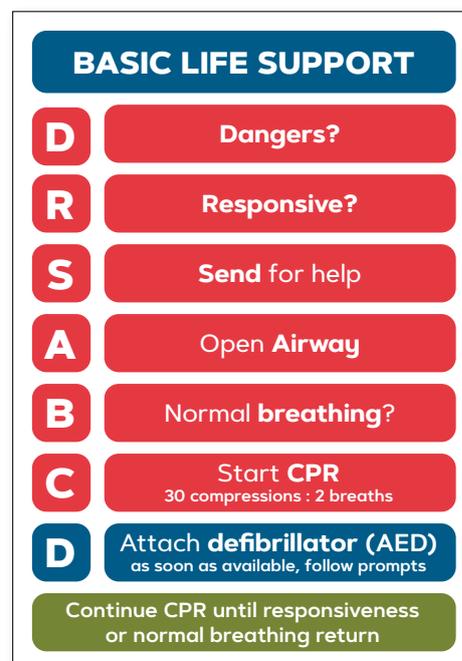
What are CPR signage requirements?

The sign must:

- be attached to the barrier, or displayed near the pool, and be conspicuous and easily visible to anyone near the pool
- be at least 300mm x 300mm in size
- be made of durable and weatherproof material
- each diagram or letter on the sign must be durable, legible and clearly visible
- include a statement that is prominent on the sign explaining to anyone reading the sign how to act in an emergency, including, for example, telephoning for an ambulance, staying with the injured person, calling for help and providing first aid.

What does a CPR sign look like?

Here is an example of a sign that must be displayed at a swimming pool.



Here is an example of a sign that must be displayed during the construction of a swimming pool.



The warning sign must adhere to the following:

- bottom of the sign is at least 300mm above ground level and is attached to the fence
- be within 1.5m of the road frontage for the land
- be positioned so that it is visible from the road
- must be weatherproof, legible and durable and able to be seen from the road
- any lettering on the sign that relates to the warning must be at least 50mm in height and in a bold style
- if the land has more than 1 road frontage, a sign need only be placed on 1 of the frontages.

Which CPR sign must be displayed?

CPR signs must display how to execute CPR in accordance with the technique found in the [ANZCOR Guideline 8 - Cardiopulmonary Resuscitation](#), which was published by the Australian Resuscitation Council (ARC) in January 2016.

Once the sign is no longer readable then it must be replaced and comply with the [ANZCOR Guideline 8 - Cardiopulmonary Resuscitation](#).

Further information?

- [Requirements for CPR and warning signs](#) from the Queensland Building and Construction Commission (QBCC)
- [Pool safety information](#) from the QBCC
- [Pool or spa registration](#) on the Department of Housing and Public Works website.

For further information, please contact council's Planning and Regulatory Services Department on (07) 3810 6120.

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