

ACTIVE KIDS

SCHOOL HOLIDAY PROGRAM

28 JUNE – 13 JULY

Free activities



ipswich.qld.gov.au/activekids



City of
Ipswich



ACKNOWLEDGEMENT OF COUNTRY

Ipswich City Council respectfully acknowledges the Traditional Owners, the Jagera, Yuggera and Ugarapul People of the Yugara/Yagara Language Group, as custodians of the land and waters we share. We pay our respects to their Elders past and present, as the keepers of the traditions, customs, cultures and stories of proud peoples.

Keep busy these winter school holidays with our Active Kids program.

Our sessions welcome everyone. Most sessions offer a variety of activities tailored to the child's abilities, with parents and caregivers encouraged to join in.

For accessibility information and to assess suitability of activity for your child contact the Active and Healthy team on (07) 3810 6666

Please note, this program is subject to change and the details are accurate at the time of the printing.

Bookings are essential for all activities.

Please follow any rules of restrictions from authorities and providers.

To view the live calendar of events and for further information, visit ipswich.qld.gov.au/activehealthy.

WHAT TO BRING

- Hat and sunscreen
- Enclosed shoes
- Water bottle
- Snacks
- Insect repellent (for bushwalking activities)
- Change of clothes (for water-based activities)
- Anything else included in the specific activity requirements



Book your activity via our Active Kids calendar at ipswich.qld.gov.au/activekids or through the Active and Healthy app

PLAY ON

30 JUNE – 4 JULY

Tulmur Place

10.00 am - 2.00 pm

The first week of the school holiday program is delivered in partnership with the Play On activation at Tulmur Place. Daily activities are from 10.00 am – 2.00 pm.

MONDAY 30 JUNE

Rugby League

10.00 am – 2.00 pm

Ball Games

10.00 am – 10.45 am

11.00 am – 11.45 am

12.00 pm – 12.45 pm

1.00 pm – 1.45 pm

Basketball

10.00 am – 2.00 pm

Boxercise

10.00 am – 10.45 am

11.00 am – 11.45 am

12.00 pm – 12.45 pm

1.00 pm – 1.45 pm

Handball

10.00 am – 2.00 pm

High Intensity

Interval Training

10.30 am – 11.00 am

11.30 am – 12.00 pm

12.30 pm – 1.00 pm

1.30 pm – 2.00 pm

Pickleball

10.00 am – 2.00 pm

Table Tennis

10.00 am – 2.00 pm

TUESDAY 1 JULY

AFL

10.00 am – 2.00 pm

Baseball

10.00 am – 2.00 pm

Basketball

10.00 am – 2.00 pm

Circuit Programs

10.30 am – 11.00 am

11.30 am – 12.00 pm

12.30 pm – 1.00 pm

1.30 pm – 2.00 pm

Handball

10.00 am – 2.00 pm

Pickleball

10.00 am – 2.00 pm

Pilates

10.00 am – 10.45 am

11.00 am – 11.45 am

12.00 pm – 12.45 pm

1.00 pm – 1.45 pm

Table Tennis

10.00 am – 2.00 pm

Yoga

10.00 am – 10.30 am

11.00 am – 11.30 am

12.00 pm – 12.30 pm

1.00 pm – 1.30 pm

Zumba

10.30 am – 11.00 am

11.30 am – 12.00 pm

12.30 pm – 1.00 pm

1.30 pm – 2.00 pm

WEDNESDAY 2 JULY

Agility Drills

10.30 am – 11.00 am
 11.30 am – 12.00 pm
 12.30 pm – 1.00 pm
 1.30 pm – 2.00 pm

Basketball

10.00 am – 2.00 pm

Boccia

10.00 am – 2.00 pm

Boot Camp

10.00 am – 10.45 am
 11.00 am – 11.45 am
 12.00 pm – 12.45 pm
 1.00 pm – 1.45 pm

Handball

10.00 am – 2.00 pm

Pickleball

10.00 am – 2.00 pm

Retro Games

10.00 am – 10.45 am
 11.00 am – 11.45 am
 12.00 pm – 12.45 pm
 1.00 pm – 1.45 pm

Rugby League

10.00 am – 2.00 pm

Table Tennis

10.00 am – 2.00 pm

THURSDAY 3 JULY

Basketball

10.00 am – 2.00 pm

Gymnastics

10.00 am – 10.45 am
 11.00 am – 11.45 am
 12.00 pm – 12.45 pm
 1.00 pm – 1.45 pm

Handball

10.00 am – 2.00 pm

Pickleball

10.00 am – 2.00 pm

Rugby League

10.00 am – 2.00 pm

Softball

10.00 am – 2.00 pm

Strength Training

10.00 am – 10.45 am
 11.00 am – 11.45 am
 12.00 pm – 12.45 pm
 1.00 pm – 1.45 pm

Tabata

10.30 am – 11.00 am
 11.30 am – 12.00 pm
 12.30 pm – 1.00 pm
 1.30 pm – 2.00 pm

Table Tennis

10.00 am – 2.00 pm

Zumba

10.30 am – 11.00 am
 11.30 am – 12.00 pm
 12.30 pm – 1.00 pm
 1.30 pm – 2.00 pm

FRIDAY 4 JULY

Basketball

10.00 am – 2.00 pm

Boxercise

10.00 am – 10.45 am
 11.00 am – 11.45 am
 12.00 pm – 12.45 pm
 1.00 pm – 1.45 pm

Handball

10.00 am – 2.00 pm

**High Intensity
Interval Training (HIIT)**

10.30 am – 11.00 am
 11.30 am – 12.00 pm
 12.30 pm – 1.00 pm
 1.30 pm – 2.00 pm

Pickleball

10.00 am – 2.00 pm

Retro Games

10.00 am – 10.45 am
 11.00 am – 11.45 am
 12.00 pm – 12.45 pm
 1.00 pm – 1.45 pm

Rugby League

10.00 am – 2.00 pm

Table Tennis

10.00 am – 2.00 pm

ACTIVITY	TIME	WHERE
MONDAY 7 JULY		
Kids Movement and Self Defence ▲	8.00 am – 9.00 am	Goodna Community Centre, 6 Layard Street, Goodna
Teens Movement and Self Defence ▲	9.00 am – 10.00 am	Goodna Community Centre, 6 Layard Street, Goodna
Athletics	9.00 am – 10.00 am	Sutton Park, 61 Workshops Street, Brassall
Cricket	10.15 am – 11.15 am	Sutton Park, 61 Workshops Street, Brassall
Yoga ■ ▲	10.30 am – 11.00 am	Tulmur Place, 1 Nicholas Street, Ipswich
AFL	11.30 am – 12.30 pm	Sutton Park, 61 Workshops Street, Brassall
Beginners Scooter Tricks	2.00 pm – 3.00 pm	Bob Gibbs Park, 40 – 60 Springfield Parkway, Springfield
Scooter Tricks	3.00 pm – 4.00 pm	Bob Gibbs Park, 40 – 60 Springfield Parkway, Springfield
TUESDAY 8 JULY		
Basketball	9.00 am – 10.00 am	Atlantic Drive Sporting Complex, Lot 1 Summit Drive, Springfield Lakes
Volleyball	10.15 am – 11.15 am	Atlantic Drive Sporting Complex, Lot 1 Summit Drive, Springfield Lakes
Touch Football	11.30 am – 12.30 pm	Atlantic Drive Sporting Complex, Lot 1 Summit Drive, Springfield Lakes
Hockey	2.00 pm – 3.30 pm	Ipswich Hockey Association, 65 Briggs Road, Raceview
WEDNESDAY 9 JULY		
Retro Games	9.00 am – 10.00 am	Providence Park, Harmony Crescent, South Ripley
Library Event: Breakdance vs 90s Dance Workshop ■ ▲	10.00 am – 10.45 am	Springfield Central Library, Cnr Main Street & Sirius Drive, Orion Springfield Central, Springfield Central
Rugby League	10.15 am – 11.15 am	Providence Park, Harmony Crescent, South Ripley
Library Event: Breakdance vs 90s Dance Workshop ■ ▲	11.30 am – 12.15 pm	Springfield Central Library, Cnr Main Street & Sirius Drive, Orion Springfield Central, Springfield Central
Soccer	11.30 am – 12.30 pm	Providence Park, Harmony Crescent, South Ripley
Hockey	3.00 pm – 4.30 pm	Ipswich Hockey Association, 65 Briggs Road, Raceview
THURSDAY 10 JULY		
AFL	9.00 am – 10.00 am	Redbank Plains Recreation Reserve, Cnr Cedar Road and Moreton Avenue, Redbank Plains
Library Event: Silent Disco ■ ▲ ●	9.30 am – 11.00 am	Springfield Central Library, Cnr Main Street & Sirius Drive, Orion Springfield Central, Springfield Central
Library Event: Breakdance vs 90s Dance Workshop ■ ▲	10.00 am – 10.45 am	Dandirri Room, Ipswich City Council Administration Building, Level 1 of 1 Nicholas Street, Ipswich

■ Self-Paced

▲ Accessible

● Quiet Zone



ACTIVITY	TIME	WHERE
THURSDAY 10 JULY cont.		
Soccer	10.15 am – 11.15 am	Redbank Plain Recreation Reserve, Cnr Cedar Road and Moreton Avenue, Redbank Plains
Kids Movement and Self Defence ▲	11.00 am – 12.00 pm	Goodna Community Centre, 6 Layard Street, Goodna
 Library Event: Breakdance vs 90s Dance Workshop ■ ▲	11.30 am – 12.15 pm	Dandirri Room, Ipswich City Council Administration Building, Level 1 of 1 Nicholas Street, Ipswich
Ball Games	11.30 am – 12.30 pm	Redbank Plain Recreation Reserve, Cnr Cedar Road and Moreton Avenue, Redbank Plains
 Library Event: Silent Disco ■ ▲ ●	12.00 pm – 1.00 pm	Redbank Plaza Library, 1 Collingwood Drive, Redbank
Teens Movement and Self Defence ▲	12.00 pm – 1.00 pm	Goodna Community Centre, 6 Layard Street, Goodna
Beginners BMX Skills	1.00 pm – 2.00 pm	Redbank Plain Recreation Reserve, Cnr Cedar Road and Moreton Avenue, Redbank Plains
BMX Skills	2.00 pm – 3.00 pm	Redbank Plain Recreation Reserve, Cnr Cedar Road and Moreton Avenue, Redbank Plains
Softball	2.00 pm – 3.00 pm	Ipswich Softball Association, 125B Chubb Street, One Mile
FRIDAY 11 JULY		
Athletics	9:00 am – 10:00 am	Tofa Mamoa A Samoa Park, 27 Kruger Parade, Redbank
 Library Event: Silent Disco ■ ▲ ●	9.30 am – 11.00 am	Ipswich Children's library, 1 Nicholas Street, Ipswich
 Library Event: Silent Disco ■ ▲ ●	12.00 pm – 1.00 pm	Rosewood Library, 15 Railway Street, Rosewood
Cricket	10.15 am – 11.15 am	Tofa Mamoa A Samoa Park, 27 Kruger Parade, Redbank
Rugby league	11.30 am – 12.30 pm	Tofa Mamoa A Samoa Park, 27 Kruger Parade, Redbank
Hockey	2.00 pm – 3.30 pm	Ipswich Hockey Association, 65 Briggs Road, Raceview
SATURDAY 12 JULY		
Beginner Skateboarding	10.00 am – 11.00 am	Sutton Park, 61 Workshops Street, Brassall
Intermediate Skateboarding	11.00 am – 12.00 pm	Sutton Park, 61 Workshops Street, Brassall
SUNDAY 13 JULY		
Baseball (5–8yrs)	10.00 am – 10.45 am	Musketeers Sports Club, 69 Church Street, Tivoli
Baseball (9–12yrs)	10.45 am – 11.45 am	Musketeers Sports Club, 69 Church Street, Tivoli
Baseball (13+yrs)	11.30 am – 12.30 pm	Musketeers Sports Club, 69 Church Street, Tivoli

■ Self-Paced

▲ Accessible

● Quiet Zone

All Ipswich Libraries events must be booked via [ipswichlibraries.com.au/whats-on](https://www.ipswichlibraries.com.au/whats-on)

LEARN 2 RIDE WORKSHOPS

BEGINNER SCOOTER TRICKS

Age: 5+ years | Cost: FREE

Shred the skate park with beginner-level tricks and scooter skills! This workshop is perfect for kids new to scooter riding. Parents or guardians must remain present during the session.

Bring your own scooter and helmet if possible (limited equipment available to borrow). Enclosed shoes and a water bottle are required.

BEGINNER SKATEBOARDING SESSION

Age: 5+ years | Cost: FREE

Ever wanted to learn how to skate? Join these fun and inclusive lessons for those looking to improve their skateboarding skills and those who have never skated before.

Bring enclosed shoes, helmet and a water bottle. Skateboards are provided.

BEGINNER BMX SKILLS

Age: 6+ years | Cost: FREE

Geared for beginners, this session aims to boost your confidence while offering insights and techniques for safe and enjoyable BMX riding.

Bring your own BMX bike, helmet, closed-toe shoes and water bottle.

BMX SKILLS

Age: 8+ years | Cost: FREE

Geared for riders with some BMX riding experience, this session aims to advance your skills while offering insights and techniques for safe and enjoyable BMX riding.

Bring your own BMX bike, helmet, closed-toe shoes and water bottle.

SCOOTER TRICKS

Age: 8+ years | Cost: FREE

For those seeking to learn Intermediate-level tricks and skills in scooter riding. Parents or guardians are expected to remain present throughout the activity for supervision and support, while their child hones their scooter skills.

Bring your own scooter and helmet if you have one. Some equipment available for loan. Bring enclosed shoes and a water bottle.

INTERMEDIATE SKATEBOARDING SESSION

Age: 10+ years | Cost: FREE

Wanting to level-up your skateboarding skills? Join in on this session to take your skills to new heights with an experienced skateboarding coach.

Bring enclosed shoes, helmet and a water bottle. Skateboards are provided.

PHYSICAL ACTIVITY

AFL

Age: 5+ years | Cost: FREE

An introduction to the game of AFL. Develop fundamental skills like kicking, passing and bouncing the ball. The skills will be developed through a series of fun activities and short games.

AGILITY DRILLS

Age: 5+ years | Cost: FREE

Boost speed and coordination with thrilling agility games and challenges! We'll have a blast with fast-paced drills, fun races and activities designed to improve quickness and reaction time. Get ready to move with speed and skill!

ATHLETICS

Age: 5+ years | Cost: FREE

Practice your throwing, running and jumping techniques in this super fun athletics session!

A great all-rounder session for those of all abilities.

BALL GAMES

Age: 5+ years | Cost: FREE

Challenge your hand/eye co-ordination and reaction skills with our line-up of ball games. Leader Ball, Captain Ball, Tunnel Ball, Poison Ball, Bump it up and more! These activities will encourage teamwork and help to improve physical and social skills.

BASKETBALL

Age: 5+ years | Cost: FREE

Join our exciting basketball activity these school holidays, where kids will learn essential skills like dribbling, shooting and teamwork through fun drills and games. Perfect for all skill levels, this energetic session promotes fitness, confidence and sportsmanship in a supportive environment.

BASEBALL

Age: 5+ Years | Cost: FREE

Join the Musketeers Baseball club for their baseball sessions. Their sessions include learn to throw programs, hand eye coordination skills and basic baseball knowledge drills in a fun and interactive way. Whether you're a seasoned player or a first timer, they cater for all levels regardless of ability or gender.



PHYSICAL ACTIVITY

BOCCIA

Age: 5+ Years | Cost: FREE

Boccia is a Paralympic sport which was designed for people living with physical disabilities, but anyone can play if they are in a seated position. Come and try the fastest growing Paralympic sport in the world!

BOXERCISE

Age: 5+ years | Cost: FREE

This fun and energetic boxercise class is specially designed for children, combining basic boxing moves with exciting fitness games. It helps kids build strength, coordination and confidence in a safe and supportive environment.

BOOT CAMP

Age: 5+ Years | Cost: FREE

This high-energy bootcamp session is packed with fun challenges, obstacle courses, and team games designed to keep kids active and motivated. It helps build strength, endurance and teamwork skills in an exciting and supportive environment.

BREAKDANCE VS 90s DANCE WORKSHOP

Age: 6-17 years | Cost: FREE

Explore the difference between Breakdance and 90s dance styles with the expert team from Creative Dance Industries. Learn fun, new choreography, enjoy dance games and challenges, and discover the importance of dancing during this active workshop.

CIRCUIT TRAINING

Age: 5+ years | Cost: FREE

Build strength and work together in our engaging circuit training day! Kids will rotate through cool exercise stations and enjoy teamwork challenges and fun relay races. It's a great way to stay active and have fun with friends!



PHYSICAL ACTIVITY

CRICKET

Age: 5+ years | Cost: FREE

This session teaches kids the fundamental rules of cricket, whilst also developing their skills in catching, holding a cricket bat, and hitting the ball, throwing accuracy and general teamwork skills.

GYMNASTICS

Age: 5+ years | Cost: FREE

This activity provides an intro to gymnastics! Build balance, strength, flexibility, agility, coordination, dedication and endurance in this fun-filled session.

This session offers a self-paced experience with a wide range of activities catering to various skill levels.

HIGH INTENSITY INTERVAL TRAINING (HIIT)

Age: 5+ years | Cost: FREE

Join us for a high-energy mixture of dynamic exercises! Kids will team up for exciting challenges, navigate a fun obstacle course, and enjoy dynamic relay races. It's a super active and fun way to spend your day!

HOCKEY

Age: 5+ years | Cost: FREE

Come and join Ipswich Hockey Association on their home turf to learn how to dribble, shoot and play the thrilling game of hockey. Come along for a 1.5hr session of fun, fitness and laughter with your friends and family!

KIDS MOVEMENT AND SELF-DEFENCE CLASS

Age: 5-12 years | Cost: FREE

Kids movement and self-defence will be a 45-minute session for 5 to 12 year olds (or primary school aged children) with a theme of making safe choices, being respectful and self-defence. There will be fun games and movement with a martial arts focus. We will incorporate some self-defence techniques, focusing on shouting, blocking and defending using pool noodles and focus mitts.



PHYSICAL ACTIVITY

PICKLEBALL

Age: 5+ Years | Cost: FREE

Pickleball is an addictive game with a funny name. It is easy to play and you can learn in minutes. Low impact, so you can play for a lifetime.

PILATES

Age: 5+ years | Cost: FREE

This engaging Pilates class for kids focuses on building core strength, flexibility and body awareness through fun, age-appropriate movements. It's a great way to help children improve posture, balance and concentration in a calm and supportive setting.

RETRO GAMES

Age: 5+ years | Cost: FREE

Join us for some old-school games like tug-o-war, red rover, dodge ball, 3 legged races, jumping sack races, egg and spoon races and stuck in the mud!

RUGBY LEAGUE

Age: 5+ years | Cost: FREE

An introduction to the game of NRL. This session will develop your fundamental skills like kicking, passing and running backwards. The skills will be advanced through a series of fun activities. No tackling is involved in this session.

SILENT DISCO

Age: 5-17 years | Cost: FREE

Show off your best dance moves and explore the library and outdoor surrounds to your own personal soundtrack led by the team from *Guru Dudu*. Move and groove with this unique experience featuring lighthearted commentary, spontaneous flash mobs, uplifting music and dance challenges. Headphones supplied. Parent/carer supervision required for children under 12 years.

SOCCER

Age: 5+ years | Cost: FREE

Emulate your soccer heroes by learning some tricky soccer skills! Children will develop coordination and balance, whilst practicing ball skills such as kicking, dribbling and shooting. Fun for all ages!



PHYSICAL ACTIVITY

SOFTBALL

Age: 5+ years | Cost: FREE

Join the Musketeers Softball Club for a fun-filled day of batting, fielding and family-friendly games that everyone can enjoy! This event focuses on building fundamental skills like hand-eye coordination, throwing and catching – perfect for all ages and experience levels. Bring the whole family for an active and exciting day on the field!

STRENGTH TRAINING

Age: 5+ years | Cost: FREE

This strength-focused session helps kids build muscle, improve coordination, and develop healthy movement patterns using bodyweight exercises and light equipment. It's a fun and safe way to boost confidence and physical ability in a supportive setting.

TABATA

Age: 5+ years | Cost: FREE

Experience quick bursts of energy and fitness fun on Tabata day! We'll power through short, effective exercise rounds combined with exciting games and challenges. It's a lively way to boost stamina and have a great time!

TEE BALL

Age: 5+ years | Cost: FREE

Tee Ball is a great game to help develop hand/eye coordination. Children will have fun learning how to bat, run to bases, catch a ball and different throwing techniques. A great introduction to team sports.



PHYSICAL ACTIVITY

TEENS MOVEMENT AND SELF-DEFENCE CLASS

Age: 12-17 years | Cost: FREE

Teens movement and self-defence will be a 45-minute session for 12 to 17 year olds with a focus on safety and awareness and practical self-defence techniques. It will incorporate basic Taekwondo techniques with a focus on blocking and defence as well as basic punching and kicking techniques which will be done on focus mitts and kick bags.

TOUCH FOOTBALL

Age: 5+ years | Cost: FREE

Duck, weave and side-step your way through the holidays with the touch football sessions. In these sessions, you will learn the basics of the game of touch football with some skills, drills and a small game.

VOLLEYBALL

Age: 5+ years | Cost: FREE

Dig, set and spike your way through our newest Active Kids addition: volleyball. Improve your serving, bumping and net play skills while having a blast!

YOGA

Age: 5+ years | Cost: FREE

Breathe, stretch and restore your way into the school holidays with children's yoga.

ZUMBA

Age: 5+ years | Cost: FREE

Join this Latin-inspired Zumba session during the school holidays! You'll learn how to break down steps used in Zumba Latin rhythms to a particular beat. Don't worry if you're not familiar with salsa moves; this class will be simple, slow, and super fun!



ACTIVE AND HEALTHY

THE APP

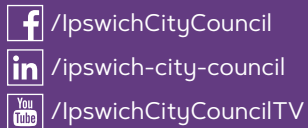
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**BOOK
NOW**

