

# Ipswich Hardship Support

## Wellbeing

| Agency                           | Phone                                 | Description                                                                                                                                                                                                        |
|----------------------------------|---------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Ambulance, Police, Fire</b>   | 000                                   | For life threatening emergencies only                                                                                                                                                                              |
| <b>Policelink</b>                | 131 444                               | for reporting non-urgent police matters, general inquiries, and minor crimes                                                                                                                                       |
| <b>DV Connect Womensline</b>     | 1800 811 811                          | free 24/7 crisis counselling, safety planning, information, referrals, and support for women and children in Queensland experiencing domestic and family violence.                                                 |
| <b>DV Connect Mensline</b>       | 1800 600 636                          | free, confidential counselling, referrals, safety planning and support for men who are experiencing or using domestic and family violence, and those seeking to change abusive behaviour                           |
| <b>13YARN</b>                    | 13 02 76                              | 13YARN is a free and confidential 24/7 national crisis support line for Aboriginal and Torres Strait Islander people who are feeling overwhelmed or having difficulty coping.                                      |
| <b>1800RESPECT</b>               | Call 1800 737 732 - Text 0458 737 732 | 1800RESPECT is the national domestic, family and sexual violence counselling, information and support service.                                                                                                     |
| <b>Homeless Hotline</b>          | 1800 474 753                          | If you need emergency housing or are at risk of becoming homeless, call the Homeless Hotline                                                                                                                       |
| <b>Kids Helpline</b>             | 1800 600 636                          | free, private and confidential counselling service for children and young people aged 5 to 25 years.                                                                                                               |
| <b>Lives Lived Well</b>          | 1300 727 957                          | Lives Lived Well provides free, confidential alcohol and other drug (AOD) support, including counselling, rehabilitation, withdrawal assistance, and referral services                                             |
| <b>Suicide Call Back Service</b> | 1300 659 467                          | Phone and online counselling for people affected by suicide, including those experiencing suicidal thoughts, concerned about someone at risk, bereaved by suicide, or facing emotional or mental health challenges |

## Hot Showers and Laundry

| Agency                                         | Contact number                                     | Description                                           |
|------------------------------------------------|----------------------------------------------------|-------------------------------------------------------|
| <b>Orange Sky Laundry</b>                      | Monday 10.00 am – 12.00 pm                         | First Nations-led free laundry and connection service |
|                                                | Monday 10.00 am – 12.00 pm                         | Leichhardt One Mile Community Centre                  |
|                                                | Wednesday 4.30 pm – 6.30 pm                        | Queens Park, Ipswich                                  |
| <b>The Salvation Army Ipswich</b>              | Wednesday, Thursday and Friday - 9.00 am – 3.00 pm | Hot showers                                           |
| <b>Springfield Lakes Community Centre</b>      | Monday and Friday - 8.00 am – 12.00 pm             | Laundry                                               |
| <b>Goodness Enterprises at Tivoli Drive-In</b> | 0488 848654                                        | Showers                                               |
| <b>Salvation Army</b>                          | Monday, Tuesday, Thursday                          | Free showers and laundry facilities                   |

## Food Hampers and Hardship Support

| Agency                                                               | Contact details                                 | Office hours                                                                                     | Type of help available                                                           | Conditions                  |
|----------------------------------------------------------------------|-------------------------------------------------|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|-----------------------------|
| <b>Acorn Pantry</b>                                                  | 3812 0686<br>44 Warwick Rd,<br>Yamanto QLD 4305 | Monday – Friday – 9.00 am – 5.00 pm<br>Saturday – 9.00 am – 1.00 pm                              | Groceries, fruit and vegetables, meats and bread products at reduced prices      |                             |
| <b>Westside Community Care - Camira Springfield Community Centre</b> | 389 Old Logan Rd,<br>Camira<br>(07) 3818 0921   | Monday- 11.00am<br>Tuesday -11.00am<br>Wednesday- 11.00am<br>Friday- 11.00am<br>Saturday- 8.30am | Free Food -subject to availability.<br>Paid Hamper also available - call to book |                             |
| <b>Goodness Enterprises at Tivoli Drive-In</b>                       | 50 Coal Road,<br>Chuwar<br>0488 848654          | Tuesday – Friday<br>9:00am - 2:00pm<br>Thursday 9.00am - 5.00pm<br>Saturday 9.00am – 12noon      | grocery items                                                                    | \$15.00 per year membership |

|                                                          |                                                    |                                                                          |                                                                                              |                                                                                                                                                                                                |
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| <b>SSI</b>                                               | Ssier@ssi.org.au                                   | Monday – Friday<br>9.00am – 4.00pm                                       | Vouchers                                                                                     | Apply via only Expression of Interest form:<br><a href="https://www.ssi.org.au/our-services/settlement/emergency-relief/">https://www.ssi.org.au/our-services/settlement/emergency-relief/</a> |
| <b>Rosewood Community Centre</b>                         | 19 School St,<br>Rosewood<br>(07) 5464 1544        | Tuesdays – Thursday 8.00am – 3.30pm –<br>Fridays 8.00am – 1.00pm         | Food Hampers<br>Food Vouchers<br>Pharmacy support<br>Non-emergency medical transport         | Rosewood and Rural area residents only                                                                                                                                                         |
| <b>Shiloh Christian Church</b>                           | 72 Redbank Plains Rd, Goodna<br>(07) 3288 5966     | Monday, Wednesday & Friday<br>9.00am- 12.45pm                            | Food Hampers                                                                                 |                                                                                                                                                                                                |
| <b>The Salvation Army Bundamba, Connect</b>              | 8 Brisbane Road<br>Bundamba<br>(07) 3828 2714      | Monday to Friday - 9.00 am – 4.00 pm<br>Mondays and Wednesdays 10am-12pm | Mondays and Wednesdays<br>Emergency Relief<br>Wednesdays only - Assistance with homelessness | Phone assessment required for gift card assistance                                                                                                                                             |
| <b>Salvation Army</b>                                    | 27 Smiths Rd.<br>Goodna QLD 4300                   | Monday – Friday                                                          | Free bread, fruit, vegetables, tea, and coffee                                               |                                                                                                                                                                                                |
| <b>Goodna Neighbourhood House</b>                        | 33 Queen St, Goodna<br>(07) 38151648               | Monday – Friday                                                          | Emergency Relief                                                                             |                                                                                                                                                                                                |
| <b>The Haven</b>                                         | 9 Layard St Goodna                                 | Monday to Friday 9.00 am to 4.00 pm<br>Saturday 9.00 am – 12.00 pm       | Free Bread, Free Fruit and Veg discounted groceries                                          | Walk in during business hours                                                                                                                                                                  |
| <b>inCommunity Connect</b>                               | 59 Limestone St,<br>Ipswich 4305<br>(07) 3812 1199 | Monday -Wednesday & Friday<br>9am-5pm<br>Thursday 9am-3pm                | Food Relief                                                                                  |                                                                                                                                                                                                |
| <b>Ipswich Assist</b>                                    | 21 South Street<br>Ipswich,<br>(07) 3413 1070      | Call Monday between<br>9:00 am and 1:00pm to book appointment            | Food hamper<br>Pharmacy vouchers<br>Clothing vouchers<br>Partial payment towards Bills       | Case by case basis                                                                                                                                                                             |
| <b>St Vincent De Paul Society Ipswich Support Centre</b> | 272 Brisbane St.<br>Ipswich<br>1800 846 643        | Open Tuesday & Wednesday & Friday 9.00 am – 12.00 pm                     | Emergency relief                                                                             | by appointment.                                                                                                                                                                                |

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| <b>Leichhardt Community Centre</b>            | 1 Denman St,<br>Leichhardt<br>(07) 3812 1270            | Mon to Fri from 10.00 am to 1pm<br>Emergency Relief<br>Monday & Wednesday Only | Non-Perishable Food Hampers<br>Free Bread/Bakery<br>Street Pantry – After Hours<br>Bread Pantry – After Hours | Call Mondays from 9.00am to 11am for<br>Eligibility Criteria required<br>Appointment essential                                        |
| <b>Gailes Community House</b>                 | 30 Karina St, Gailes<br>(07) 38793004                   | Mon, Tues, Thu, Fri<br>9:30 am - 2:30 pm<br>Wed- 9:30am – 7pm (Trial)          | Food Hampers<br>Cheap groceries                                                                               | Call or pop in for information<br>Please note that we are NOT a crisis service                                                        |
| <b>Riverview Neighbourhood House</b>          | 1/28 Mitchell Street,<br>Riverview<br>38162111          | Monday - Friday<br>10.00 am to 2.00 pm                                         | Emergency Relief                                                                                              | Phone Friday between 9.00am and 10.00 to book                                                                                         |
| <b>Uniting Care</b>                           | 15 Robertson Rd,<br>Eastern Heights<br>(07) 3432 6100   | Mon - Fri<br>8.30 am - 4.30 pm                                                 | Coles Vouchers                                                                                                | By appointment                                                                                                                        |
| <b>Ipswich Baptist Community Care Service</b> | 34a Workshop St<br>Brassall                             | Wednesday by appointment                                                       | Food Hampers                                                                                                  |                                                                                                                                       |
| <b>Catalyst Church</b>                        | 142 Pine Mountain Rd, Brassall<br>(07) 3813 4999        | Thursday 2.00 pm – 4.00 pm                                                     | Food Hampers                                                                                                  | \$15.00<br>No Delivery                                                                                                                |
| <b>Beacon Community Care Service</b>          | 59 Toongarra Rd,<br>Leichhardt<br>(07) 3282 8261        | Mon – Wed 9.00 am – 2.00 pm                                                    | Clothing and food                                                                                             |                                                                                                                                       |
| <b>Vedanta Centre</b>                         | 96 Vedanta Drive<br>Springfield Lakes,<br>(07) 38189986 | Friday 10.00 am -11.00 am                                                      | Food Hampers<br>Cooked vegetarian food                                                                        | Drop in or phone 0482015595                                                                                                           |
| <b>5n2 Ministry</b>                           | 180 School Road<br>Redbank Plains                       | Wednesdays                                                                     | Food Hampers                                                                                                  | \$5.00 - Reach out via Facebook by Tuesday evening<br><a href="https://www.facebook.com/5n2Ministry">www.facebook.com/5n2Ministry</a> |
| <b>Wounded Heroes Australia</b>               | 41 Brisbane Road,<br>Bundamba QLD 4304<br>1300 532 112  | Monday – Friday 9:00AM to 5:00PM                                               | Free Bread/Bakery Items; Reduced Cost Meat & Produce; food/hardship support to Australian Veterans in crisis  | Crisis support is available ONLY to Australian Veterans (evidence requested).                                                         |
| <b>Goodna Anglican Welfare</b>                | Welfare House, 73<br>Alice St, Goodna<br>(07) 3818-0945 | Tuesday - 9.00 am -12.00 pm<br>(appointments and walk-in)                      | Free bread, produce, meat as available + packaged food/grocery<br>Overdue bills support (housing)             | Call and leave message. Must bring printed Centrelink                                                                                 |

|  |  |                                                            |                  |                                               |
|--|--|------------------------------------------------------------|------------------|-----------------------------------------------|
|  |  | Wednesday 9.00 am -11.00 am<br>(food, by appointment only) | Pharmacy support | income statement + copies of<br>overdue bills |
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## Street Feed

| Agency                          | Days                                | Location                                                                           |
|---------------------------------|-------------------------------------|------------------------------------------------------------------------------------|
| <b>Goodna Street Life</b>       | Monday – Saturday 9.00 am – 4.00 pm | 9 Layard St Goodna                                                                 |
| <b>Grandma’s Kitchen</b>        | Monday - 3.30 pm - 6.30 pm          | Bob Gamble Park                                                                    |
| <b>Helping Hands Queensland</b> | Tuesday                             | 6.30 pm - 41 Waghorn Street - 6.50 pm - Murphy Street - 7.10 pm - 2 Milford Street |
| <b>Kruger Kitchen</b>           | Tuesday - 3.30 pm – 5.00 pm         | Browns Park, Ipswich                                                               |
| <b>Kruger Kitchen</b>           | Wednesday – 4.30 pm – 6.00 pm       | Queens Park                                                                        |
| <b>Rosies</b>                   | Wednesday – 4.30 pm – 6.30 pm       | Queens Park                                                                        |
| <b>The Salvation Army</b>       | Wednesday – 4.30 pm – 6.30 pm       | Near Ipswich Courthouse                                                            |
| <b>Kingdom Souljahs</b>         | Thursday 12.00 pm – 2.00 pm         | Riverview and District Community Centre - 138 Old Ipswich Road, Riverview          |
| <b>Rosies</b>                   | Thursday – 4.30 pm – 6.30 pm        | Queens Park                                                                        |
| <b>Rotary</b>                   | Thursday – 4.30 pm – 6.30 pm        | Queens Park                                                                        |
| <b>Footprints in the Park</b>   | Friday - 5.30 pm – 7.30 pm          | Diggers Rest Goodna                                                                |
| <b>Rosies</b>                   | Friday - 7.00 pm – 9.00 pm          | St Pauls Anglican Church                                                           |
| <b>Rosies</b>                   | Sunday - 3.30 pm - 5.00 pm          | St Pauls Anglican Church                                                           |
| <b>Kingdom Souljahs</b>         | Sunday - 4.00 pm – 9.00 pm          | Riverview and District Community Centre - 138 Old Ipswich Road, Riverview          |